

Mental Disorders within the Senior Population: Assessment and Treatment Issues



Instructor: Dr. Philip Tsui, LCSW, PSY.D.

Instructor Information:

Dr. Philip Tsui has over 35 years of experience in direct practice, training, clinical supervision, and management. He served as a Clinical Consultant/Supervisor to San Francisco Suicide Prevention, Inc. for over 17 years.

Dr. Tsui has managerial and supervisory experiences as Clinical/Program Director, Executive VP of Adult and Child Guidance in San Jose and is a member of the Board of Directors of San Francisco AIDS foundation.

He has published in the areas of cross-cultural psychotherapy and group psychotherapy and has taught several Continuing Education Courses with NASW California and Washington Chapters. He offers online courses through the California Chapter of National Association of Social Workers.

Course Description:

This course provides an overview of common mental disorders with onset in late life and their treatment options. It outlines the methodology in the assessment of such disorders in the senior population. It emphasizes the importance of early identification of neurological and psychiatric symptoms associated with aging in the development of appropriate case management plans and intervention strategies. It discusses drug and medication misuse and abuse in senior clients. It also highlights the issue of assessment and management of suicide risk in this client population.

Date: October 15, 2024 - Virtual

Time: 9:00 am - 5:00 pm

Location: Virtual training- link will be sent to registrants

RUHS-BH Staff - Please register for this course via COR at <u>https://corlearning.sumtotal.host</u> All other interested partners, please visit <u>www.rcdmh.org/wet</u> Free to all registered participants

Continuing Education Credits: This course meets the qualifications for **7** continuing education units/credits/hours.

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

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Dr. Tsui taught at California State University, Alliant International University, San Francisco State University and was previously the Clinical Assistant Professor at Smith College School of Social Work and served as a Core Faculty Member at New College of California

His managerial and supervisory experiences in human services organizations include serving in the following capacities: Clinical/Program Director of Richmond Area Multi-Services in San Francisco, Executive Director of Pacific Center for Human Growth/East Bay AIDS Project in Berkeley/Oakland, Executive Vice President of Adult and Child Guidance Center of San Jose, Director of Westside and Northeast Lodges of California Pacific Medical Center in San Francisco, member of the Board of Directors of San Francisco AIDS Foundation.

Dr. Tsui has published in the areas of cross-cultural psychotherapy and group psychotherapy and has taught several Continuing Education Courses with NASW California and Washington Chapters and made presentations at several professional conferences/training workshops in the USA, Taiwan, Tokyo, Singapore, Macau, and Hong Kong.

He has online courses offered through the California Chapter of National Association of Social Workers on "Managing Anxiety: Insights from Buddhist Philosophy" and "Law and Ethics in Social Work/Mental Health: A Case Approach."

Audience: RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, associate-level and support staff providing client care in the public behavioral health system. Level of presentation: Intermediate - applicable to participants with working knowledge of the topic.

Seat #: 45

Location: Virtual training- link will be sent to registrants

Educational Goals:

Learn an overview of common mental disorders with onset in late life and their treatment options. It outlines the methodology in the assessment of such disorders in the senior population. It emphasizes the importance of early identification of neurological and psychiatric symptoms associated with aging in the development of appropriate case management plans and intervention strategies. It discusses drug and medication misuse and abuse in senior clients. It also highlights the issue of assessment and management of suicide risk in this client population.

Learning Objectives:

• Describe and identify the basic neuro-chemical mechanisms related to Identify the symptoms and presentations of various Neuro-cognitive Disorders such as Alzheimer's Disease, Vascular Dementia, Alcohol-Related Dementia and Delirium.

• Analyze the symptoms, course of illness of Parkinson's Disease and their relationship to Alzheimer's Disease.

• Identify and describe treatment options/long term care issues in managing symptoms of confusion and disorientation associated with various Neuro-Cognitive Disorders. (1 hour)

• Identify and describe how depression, bipolar disorders. psychotic and anxiety disorders manifest themselves in late adulthood and how to make differential diagnosis between mood disorders and neurocognitive disorders. (1 hour)

• Describe and analyze the medication and psycho-active substance misuse and abuse in the elderly population. (1 hour)

• Discuss grief and loss issues in the elderly and identify the risk factors useful for managing suicide risk in the senior population. (1 hour)

• Describe and identify the special challenges for the mental health of LGBT seniors. (1 hour)

Course Outline:

- 1. Basic neuro-chemical mechanisms
- 2. Parkinson's and Alzheimer's Disease
- 3. Neuro-Cognitive Disorders
- 4. Differential diagnosis between mood disorders and neuro-cognitive disorders
- 5. Medication and psycho-active substance misuse
- 6. Grief and loss in the elderly
- 7. Special challenges for the mental health of LGBT seniors

This course meets the qualifications for 7 continuing education units/credits/hours.

Continuing Education: Course meets the qualifications for 7 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for 7 Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1225 & 3-22-341-0526 for 7 CEH'S

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

Requesting Continuing Education: If you haven't received your CE certificate within 10 days after the training, please email Germeen Armanious (Gina) at <u>g.armanious@ruhealth.org</u>. Please include the following information in your email request: full name, title and date of training, and certification or license number.

<u>Attendance Policy</u>: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. There is no partial credit issued.

"Camera On Required Throughout Training"

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<u>https://corlearning.sumtotal.host/</u>). The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit <u>www.rcdmh.org/wet</u>.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

<u>Grievances</u>: Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).